

OUTLINE



Dear Pan American Taekwondo family,

We are ready to start activities in 2023, a decisive year of mayor importance for all countries in the Pan American Region. I am very glad to invite you to one of the events that will be opening our year, the Qualification Tournament for Central American and Caribbean Games, El Salvador 2023 that will take place in **Dominican Republic on July 4-7, 2023.**

The Qualification Tournament will be the first scenario where Team Kyorugui will appear as an official event for multisport games. We are, once again, setting the tone for development and evolution in our sport and martial art. This will not be possible without the help, effort and support of the Costa Rica Taekwondo Federation, Government and Sports Structure, to whom I want to extend my biggest appreciation.

The Central American and Caribbean Games will receive 37 countries of our Continent, and I have my high hopes to see them all represented at the Qualification Tournament. With updated rules, and new events, I expect nothing but an amazing Taekwondo Festival.

I look forward to seeing you all in the warm summers of Costa Rica.

Sincerely,



Lic. Juan Manuel Lopez Delgado

Pan American Taekwondo Union President

World Taekwondo Vice President

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QUALIFICATION TOURNAMENT FOR CENTRAL AMERICAN AND CARIBBEAN GAMES, DOMINICAN REPUBLIC 2023, FEBRUARY 22nd, HEREDIA, COSTA RICA

1. SANCTIONED BY:

World Taekwondo (WT)
President Dr. Chungwon Choue
Address: Seochu - GU, Seoul, Korea
Telephone: +82.2.556.2505 / FAX: +82.2.553.4728
E-mail: wtf@wt.org
Website: www.worldtaekwondo.org

2. PROMOTED BY:

Pan American Taekwondo Union
President: Lic. Juan Manuel López Delgado
Email: events@panamericantaekwondounion.org
Website: <https://www.patutkd.org>

3. ORGANIZING MNA:

Costa Rica Taekwondo Federation
Address: De la Jack´s en Pavas 500 metros al Oeste
Telephone: (506) 2220 1310
E-mail: opencostaricatkd@gmail.com
Telephone: (506) 6251 8782
Website: <https://www.tkdrc.org/>

4. ORGANIZING COMMITTEE:

Costa Rica Taekwondo Federation
www.tkdrc.org

5. DATE AND PLACE.

Date: February 22nd, 2023.
City: Heredia, Costa Rica.
Venue: **Palacio de los Deportes de Heredia.**

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6. QUALIFICATIONS:

In accordance with Article 4: Qualification of Contestant of the WT Competition Rules, the contestant must be:

- Criterion 1: Holder of the nationality of the participating team.
- Criterion 2: An athlete must be nominated by an MNA that is recognized by the WT.
- Criterion 3: Holder of Black Belt Taekwondo Dan.
- Criterion 4: Holder of the WT Global Athlete License (GAL) 2023
- Criterion 5: An athlete must be 17 years old or older to participate in Kyorugui events.
An athlete must be between 16-39 years old to participate in Poomsae events.

7. COMPETITION RULES WT:

The latest published WT Competition Rules and Interpretation shall be applied.

8. METHOD OF COMPETITION

Kyorugui

- Olympic weight divisions
- Single Elimination system
- No ranking, **top 8 athletes will qualify for Central American and Caribbean Games.**
- Each MNA can register ONE athlete per weight division (total 4 females and 4 males).
- Seeding and drawing of lots: for every weight division all athletes will be seeded based on WT Ranking of February 1st, 2023.

Poomsae

- Single Elimination and Cut-off system
- No ranking, **top 6 athletes will qualify for Central American and Caribbean Games.**
- Each MNA can register TWO total athletes (1 male and 1 female).
- Each MNA can register in a maximum of TWO categories.
- Seeding and drawing of lots: for every category all athletes will be seeded according to WT -30 Ranking.

Team Kyorugui

- Round Robin and Single Elimination system
- No ranking, **top 4 teams will qualify for Central American and Caribbean Games.**
- Each MNA can register TWO teams of 3 athletes, and 1 alternate (total 4 females and 4 males).
- Athletes in Team Kyorugui must be different from those participating individually.
- There will be no seeding for Team Kyorugui, brackets will be randomly draw at the Technical Meeting.

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9. CONTEST TIME

Kyorugui

Best of 3 system (2 minutes x 2 or 3 rounds x 1 minute break)

Poomsae

Recognized Poomsae: Individual and Pair competition is up to 90 second

Free Style Poomsae: Individual and Pair competitions is from 90 to 100 seconds

Team Kyorugui

Preliminary and Semifinal. 3 rounds (3min x 2min x 2min x 1min-break)

Finals. 3 rounds (3min x 3min x 3min x 1min-break)

10. COMPETITION CATEGORIES

Kyorugui

Male divisions		Female divisions	
Under 58kg	Not exceeding 58 kg	Under 49kg	Not exceeding 49 kg
Under 68kg	Over 58.1 kg & Not exceeding 68 kg	Under 57kg	Over 49.1 kg & Not exceeding 57 kg
Under 80kg	Over 68.1 kg & Not exceeding 80 kg	Under 67kg	Over 57.1 kg & Not exceeding 67 kg
Over 80kg	Over 80 kg	Over 67kg	Over 67 kg

Poomsae

	Male	Female
Individual	Recognized	Recognized
Pair (1 Male & 1 Female)	Recognized	
Individual	FreeStyle	FreeStyle
Pair (1 Male & 1 Female)	FreeStyle	

Team Kyorugui

	Male Team		Female Team
Number of Athletes	3	Number of athletes	3
Total Weight Range	225 kg	Total weight range	195 kg

Alternate athlete(s) shall be participated in the weigh-in.

If the existing athlete(s) is replaced by alternate athlete, the total weight of three athletes including the alternate excluding the replaced existing athlete(s), shall be recalculated, and applied.

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11. CONDITIONS FOR PARTICIPATING TEAMS

- i. Round-trip Airfare and Accommodation.

Round trip airfare, accommodation charges of room and board shall be borne by the participating Member National Association. Accommodation in the official hotels is mandatory to receive transportation and full onsite information. The OC will not be responsible if any inconvenient occurs outside of the official Hotels.

12. WT GLOBAL LICENSE AND ONLINE REGISTRATION.

- i. WT Global License Registration. All athletes and teams officials must first be registered with a WT Global Athlete License (GAL) OR Global Official License (GOL).
ii. WT Online Registration. (Simply Compete)

National team entry will only be accepted through the WT online registration system and registration is only possible with a valid WT Global License. National Team GMS admins will be notified via email once online registration is open. All Athletes and officials must be registered under team name Country Name National Team.

Once an MNA registers online through GMS, registration cannot be changed after February 10th, 11:59 pm Costa Rica Local Time.

※ After February 15th, it is only allowed to withdraw in case of injury. The MNA must submit medical documents of the injured athlete within four (4) days of the notification of withdrawal. (ref. WT Medical Withdrawal Policy <http://www.worldtaekwondo.org/medical-anti-doping/medical/forms/>)

13. ENTRY FEES:

i. The OC shall collect the entry fees from the participating national teams. The national team shall pay an entry fee to the Organizing Committee **in cash in US\$ only** at the FCT Registration Center in San Jose, Costa Rica prior to the start of the competition. Athletes shall not be allowed to compete without successful payment of entry fee to the Organizing Committee.

ii. Credential collection will be held at Best Western Irazú Hotel from February 18-20, 2023. Check in on February 21st will be done at the Venue, Palacio de los Deportes de Heredia.

KYORUGUI & TEAM KYORUGUI	Early Registration	Regular Entry	Late Registration
	Start: 12/01/22	Start: 01/16/23	Start: 02/09/23
	End: 01/15/23	End: 02/08/23	End: 02/18/23
Per Event	US \$200	US \$225	US \$ 250

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	Early Registration	Regular Entry	Late Registration
POOMSAE	Start: 12/01/22	Start: 01/16/23	Start: 02/09/23
	End: 01/15/23	End: 02/08/23	End: 02/18/23
	US \$200	US \$225	US \$ 250
First Event	US \$200	US \$225	US \$ 250
Second Event	US \$200	US \$225	US \$ 250
Coach	Start: 12/01/22	Start: 01/16/23	Start: 02/09/23
	End: 01/15/23	End: 02/08/23	End: 02/18/23
	US \$200	US \$225	US \$ 250
Trainer Doctor Physiotherapist Head of Team Manager	Start: 12/01/22	Start: 01/16/23	Start: 02/09/23
	End: 01/15/23	End: 02/08/23	End: 02/18/23
	US \$200	US \$225	US \$ 250

Early bird discounted registration fees:

A discount will be given to national teams that complete their registration during this period. US\$ 200 per athlete, US \$ 200 per Coach (2023 WT Coach License Mandatory).

Discounted entry fee period will be offered from December 1st, 2022, to January 15th, 2023, until 11:59 pm Costa Rica Local Time.

Regular entry fees: The national teams completing their registration during this period will be charged the regular registration fee.

US\$ 225 per athlete, US \$ 225 per Coach (2023 WT Coach License Mandatory).

Regular entry fee period will begin from January 16th, 2023 to February 08th, 2023 until 11:59 pm Costa Rica Local Time.

Late entry fees: The national teams completing their registration during this period will be charged the late registration fee.

US\$ 250 per athlete, US \$ 250 per Coach (2023 WT Coach License Mandatory).

Late entry fee period will begin from February 09th, 2023 to February 18th, 2023 until 11:59 pm Costa Rica Local Time.

No Registration is possible after February 18th, 2023.

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Teams Doctors, Physiotherapist, Head of Team, Trainer, Manager

Early bird discounted registration fees: US \$ 200

Regular entry fees: US \$ 225

Late entry fees: US \$ 250

MNA Presidents: NO PAYMENT REQUIRED but must register via WT Simply Compete and select "MNA PRESIDENT" Role. Registration is non-transferrable and subject to OC verification.

MEDIA AND PHOTOGRAPHER PASS ELIGIBILITY AND FEE:

- Accreditation for official news, media personnel, or photographers.
- Must provide proof of Media Identification
- Must provide proof of Passport
- Must provide proof personal photo in JPG

USD\$200.00, ALL DAYS

Please email presstkdc@gmail.com to apply.

Without a WT Global License **ONSITE REGISTRATION WILL NOT BE POSSIBLE.**

14. QUALIFICATION SYSTEM

i. The first **eight (8) positioned athletes** in the kyorugui weight divisions will qualify their NOCs a place each for Central American and Caribbean.

ii. The first **six (6) positioned athletes** in the poomsae categories will qualify their NOCs a place each for the respective event for Central American and Caribbean.

iii. The first **four (4) positioned teams** in the team kyorugui event will qualify their NOCs a place each for Central American and Caribbean.

iv. If an NOC qualified through the Central American and Caribbean Qualification Tournament relinquishes a quota place or has not confirmed the use of the qualified place(s) within two (2) weeks from the moment of receiving the allocation letter from PATU Sports Department, it will be reallocated to the NOC of the next highest positioned athlete in the same weight category at the Qualification Tournament, as long as the NOC does not exceed the quota above mentioned.

v. If any of the qualified contestants was found to have committed a doping offence that constitutes a violation of any of the provisions of the Anti-Doping Code of the World Anti-Doping Agency and/or other appropriate anti-doping codes ("Anti-Doping Codes"), next highest positioned athlete qualify his/her NOC a place.

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vi. The NOC of an athlete who has committed an anti-doping rules violation will lose the quota place obtained by the athlete. The maximum number of quotas replaces corresponds to the number of athletes who committed an offence.

15. ENTRY DEADLINES & IMPORTANT DATES

Entry deadline for **early registration** period is January 15th, 11:59 pm Costa Rica Local Time.

Entry deadline for **regular registry** period is February 8th, 11:59 pm Costa Rica Local Time.

Entry deadline for **late registration** period is February 18th, 11:59 pm Costa Rica Local Time.

Entry submission after this date will be not accepted under any circumstances.

In case of replacement of an injured athlete, PATU may authorize to replace this athlete no later than February 18th. The pre-registered athletes or team officials may be replaced without any penalty before February 10th, 11:59 pm Costa Rica Local Time.

Entry fee of US\$250 per athlete will be charged in case of cancellation of participation after February 18th, 11:59 pm Costa Rica Local Time.

✂To register, an athlete is required to be in the proper physical condition to compete at the Central American and Caribbean Games Qualification Tournament. Any athlete who withdraws after the weigh-in will be subject to an investigation as to whether or not the withdrawal was in bad faith. (Bad faith includes, but is not limited to, having a prior illness or injury such that it was unreasonable to expect the athlete to be able to compete at the time of the weigh-in.) The burden will be on the athlete to demonstrate that the withdrawal was not in bad faith. If the investigation panel determines that the withdrawal was in bad faith the athlete will be suspended for up to 6 months, and the athlete and members of the athlete's entourage may be subject to an additional Ethics investigation.

- Athletes: MNAs have to submit entry online by logging into the WT GMS. MNA's can send a maximum of 1 athlete per weight category. No additional athletes are accepted. No reserve athlete is accepted. No entry will be accepted or modified at the accreditation center(s) in COSTA RICA.

- Team officials: MNAs must register online by logging in to the WT GMS for maximum one (1) head of team per country, two (2) coaches per team for Kyorugui and team Kyorugui, one (1) coach for Poomsae, and two (2) team medical staffs per team.

- Penalty: Penalty of US\$100 per person shall be paid to the Organizing Committee at the accreditation center in COSTA RICA in the following cases:

1. Any team official who is not registered online and wants to be accredited at the accreditation center in COSTA RICA only if the total number of team officials does not exceed the designated number.

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2. In case of exceeding designated number of MNA officials and wants to be accredited at the accreditation center in COSTA RICA or any MNA official who is not registered online and wants to be accredited at the accreditation center in COSTA RICA,
3. Any changes or additions to team official after February 18th, 00:00 Costa Rica Local Time. This penalty will be considered the onsite fee for approved additions or changes to the national team list.

16. CLASSIFICATION OF RESULTS

Qualifying certificates will be given for all qualified winners (medals will not be given).

Kyorugui	Poomsae	Team Kyorugui
Qualified Position		
1 st place	1 st place	1 st place
2 nd place	2 nd place	2 nd place
3 rd place	3 rd place	3 rd place
4 th place	4 th place	4 th place
5 th place	5 th place	
6 th place	6 th place	
7 th place		
8 th place		

17. TEAM ENTRIES PER COUNTRY (MAXIMUM 12 MEMBERS)

POSITION	MAX. NO. OF MEMBERS		
	MALE		FEMALE
HEAD OF TEAM:		1	
COACH KYORUGUI:	1		1
COACH POOMSAE:		1	
TEAM MEDICAL STAFF:	1		1
CONTESTANTS KYORUGUI:	4		4
CONTESTANTS POOMSAE:	1		1
CONTESTANTS T KYORUGUI:	3 + 1		3 + 1

18. INTERNATIONAL REFEREES

The PATU will appoint a total of 28 International Referees including PATU Referee Chairman. The appointed international referees shall officiate at the Qualification Tournament; the following conditions shall apply:

- a. International Referees are required to pay for their own round-trip airfares.

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- b. The Organizing Committee shall cover for the expenses for three (3) nights stay of room and board. Check-in: February 20th, 2023 / check- out: February 23rd, 2023.
- c. The Organizing Committee shall pay a per diem of US\$100 to the selected International Referees for the competition period (total of two days; US\$200 per referee, training day and competition).

19. TECHNICAL DELEGATE AND COMPETITION SUPERVISORY BOARD

The WT will appoint one (1) Technical Delegate and up to five (5) members of the Competition Supervisory Board. The following conditions shall apply:

The Organizing Committee shall pay a per diem of US\$200 to the Technical Delegate for 2 days and the CSB members US\$100 for competition period (total one day; US\$100 per person).

20. WT-RECOGNIZED TAEKWONDO UNIFORM (DOBOK) AND PROTECTIVE EQUIPMENT

- A. DAEDO Gen2 Protector and Scoring System (PSS) including PSS Headgear will be used for the competition.
- B. Participating contestants are required to wear WT and PATU-recognized doboks and WT-PATU recognized protective equipment. The latest version of WT-recognized manufacturers' list is available at the website of WT (<http://www.worldtaekwondo.org/wtf-partners/recognized>).
- C. The Organizing Committee will provide Protector and Scoring System (PSS) to the participating contestants. Participating contestants are required to bring their own groin guards, mouthpieces, gloves, sensing socks, shin and forearm guards for their personal use.

Before entering the field of play, all contestants will proceed to the inspection desk for inspection of their doboks and protective equipment. Any contestant who wears unofficial doboks or protective equipment will not be permitted to compete.

Instant Video Replay (IVR) System will be used.

21. IDENTIFICATION OF NOC CODE AND MANUFACTURER

National flag shall be located between 3 to 3.5cm below from the shoulder line of the right arm.

- I. NOC Code is a three-letter National Olympic Committee abbreviation, and it shall be **printed at the back in black** and centered at 5cm or higher from the bottom line of the upper garment within the size of 30cm width x 12cm height. The font of the letters shall be in bold "Verdana". Manufacturer's identifications (name, designation trademark, logo or any distinctive sign of the manufacturer) shall be located one for the top of Kyorugui dobok within 30cm² and between 3 to 3.5cm below the shoulder line of the left arm, one for bottoms of Kyorugui dobok within 30cm² located above the knee and center of the right leg, and one for Kyorugui belt within 6cm² at the end of the belt. For Poomsae doboks the NOC code will be allocated on the back.

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22. MEDICAL CONTROL

- i. The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.
- ii. Compulsory anti-doping tests will be carried out for at least two of the qualified athletes per competition event with random selection basis. The WT and/or WADA may carry out random out-of-competition testing prior to the competition. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to the WT.
- iii. TUE (Therapeutic Use Exemption) Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to visit the website of World Taekwondo to download TUE application form at <http://www.worldtaekwondo.org/wpcontent/uploads/2017/04/2017-WT-TUE-Application-form.pdf> and report to the WT anti-doping coordinator at antidoping@worldtaekwondo.org by no later than January 31st, 2020. For more details, please see the following page of the WT website: <http://www.worldtaekwondo.org/medical-anti-doping/anti-doping/therapeutic-use-exemptions-tues/>
- iv. For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or WT anti-doping coordinator at antidoping@worldtaekwondo.org.

23. HEAD OF TEAM MEETING

- i. The head of team meeting shall be conducted one (1) day prior to the start of the competition that is **February 21st, 2023 at 16:00 hrs** in the presence of the PATU and ODECABE officials and the representatives of the participating nations.
- ii. At least one representative from each team must attend the head of team meeting. In case of no representative can be at the meeting, the team must designate a proxy and inform the Technical Delegate or PATU President Office before the meeting.

24. WEIGH-IN

- i. General weigh-in of the contestants shall take place on the day before the competition.
- ii. Random weigh-in of the contestants shall take place in the morning of the competition day at 9.30am except M+80 & W+67. All contestants in draw must be presented.
- iii. The rate of selection for the random weigh-in shall be determined by the number of contestants in the weight division.
 - a) More than 32 athletes: 20% of total
 - b) 17-32 athletes: 6 athletes
 - c) 9-16 athletes: 4 athletes
 - d) 4-8 athletes: 2 athletes
 - e) Below 4 athletes: None

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- iv. During the weigh-in, male contestants shall wear underpants and female contestants shall wear underpants and brassieres. However, contestants 18 years and older may weigh-in nude if they wish to do so.

25. INDEMNITIES

- i. The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective travel & medical insurance coverage.
- ii. Participants without proper insurance coverage will not be allowed to compete at the competition.
- iii. The Organizing Committee will acquire Public Liability event insurance.

26. ACCOMMODATION & TRANSPORTATION

The participating teams are required to submit the hotel reservation only via the official hotels by no later than February 28th, 2023. No other registration method will be accepted.

Cancellations must be made in writing.

Please note that cancellations received after February 10th, 2023 are strictly non-refundable. Bookings made after this date are subject to availability. The initial minimum payment will be required at the time of booking; full cancellation policy will be in place once the booking is confirmed.

Ground transportation will be provided for national teams on arrival and departure free of charge, only for teams who book via the official event accommodation website, and provided that the Organizing Committee has been informed of the date, time, and flight number of the national team's arrival and departure at the latest by the designated deadline (February 10th, 2023).

Daily transportation is also provided in San Jose between official hotels and venues for athlete training, registration, head of team meeting and competition days.

Daily local transportation is also provided in Heredia between official hotels and venue for athlete training, registration, head of team meeting and competition days, only for teams who book via event accommodation official website.

During the event there will be transportation to the venue from official Hotel only for those who book and pay their accommodation through the Accommodation Official Site.

(Reservations through: Booking, Expedia, Trivago, etc. will not accepted to shuttle Airport-Hotel-Competition Venue).



2023 Central American and Caribbean Games
Qualification Tournament
Feb 21-22, 2023 / Heredia, Costa Rica



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27. VISA INFORMATION

The visa recommendation letters will be automatically generated from Costa Rica Taekwondo Federation. The deadline for a visa request is January 31st, 2023. Please send an email to eventstkdc@gmail.com

28. COACH's ATTIRE

Coaches are required to wear formal suit such as tie, jacket, dress shirt (long or short), and trouser during all the event. If any coach refuses to wear abovementioned attire, he or she will not be allowed to access the field of play for the Qualification Tournament for Central American and Caribbean Games, El Salvador 2023.

29. TEAM DOCTOR's MEETING:

In order to receive accreditation card, all registered team medical staffs must attend team doctor's meeting on February 21th, 2023.

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TIMETABLE (SUBJECT TO CHANGE)

EVENT SCHEDULE

DATE	TIME	EVENT	PLACE
FEB 15 - 20	ALL DAY	TEAM AND OFFICIALS ARRIVAL	SJO - AIRPORT
	09:00 - 20:00	REGISTRATION	BEST WESTERN HOTEL
		TEAM TRAINING	
FEB 21	10:00 – 12:00	WEIGH-IN KYORUGUI & TEAM KYORUGUI	PALACIO DE LOS DEPORTES
	13:00 – 16:00	REFEREE TRAINING	
	16:00 – 18:00	TECHNICAL MEETING	
	18:00 – 19:00	MEDICAL MEETING	
FEB 22	08:00 – 11:00	POOMSAE COMPETITION	PALACIO DE LOS DEPORTES
	9:30	RANDOM WEIGH-IN 3 MALE / 3 FEMALE DIVISIONS	
	10:30	KYORUGUI COMPETITION MALE / FEMALE	
	12:00 – 13:00	LUNCH BREAK	
	15:00	TEAM KYORUGUI COMPETITION MALE / FEMALE DIVISIONS	